

MPC Internship Requirements

Attend daily Morning Rounds, Team Meetings, and at least one TC Meeting per week.

Each Ward has Daily Rounds which typically begin at 8:30-8:45 and go until around 9:30. At these Rounds, the Team reviews the ward's Acuity Report, which is an electronic database of relevant patient activities, from the last 24 hours. It's important to be at these meetings EVERY day as it is your opportunity to become up-to-date on the latest events on the ward. If you cannot be present on a given day, you need to get your supervisor's approval first.

In addition, each Team has 2 weekly Team Meetings in which several patients' Treatment Plans are reviewed and updated. As the year progresses, you will become integrated and integral members of your Teams and be very involved in Treatment Planning and Primary Care leadership on your wards. You need to attend these meetings on your ward, preferably both, but at least one per week. They typically run from 3:30-4:30 2 x's/week.

Finally, each ward has 2 TC Meetings per week, which are meetings in which the entire ward (both patients and staff) meet in order to discuss issues relevant to the ward, build cohesiveness, and hopefully have fun! You are part of the Team, so make sure you attend at least one of these meetings per week. They take place as part of the Treatment Mall schedule and you can find out exactly when the Meetings on your particular ward take place from your supervisor.

AObservation@ group

The Aobservation@ group is a unique training experience in which you will have the opportunity to run a process oriented group together with a senior group leader while being observed by your colleagues. This group will run once/week and will be followed by a supervisory session in which you will have the opportunity to Aprocess@ the group, as well as review didactic materials related to group psychotherapy.

Maintain 3-4 patients for Individual Psychotherapy

Your individual psychotherapy patients can be patients from your ward or from any other wards throughout the hospital, although the first pt you start with should be from your ward. As soon as you get onto your wards and begin reviewing charts and learning about the patients, be thinking about possibilities for individual psychotherapy. Your supervisors can also supply you with names, as can the Director of Psychology. You are required to see your patients at least weekly and to maintain a caseload of 3-4 throughout the Internship year. You are also required to write regular (at least monthly, but as often as clinically indicated) progress notes for each of your patients, have them signed by your supervisors, and provide verbal feedback to Teams on an as needed basis re: your patient's progress in psychotherapy. At the end of the year, you must complete a detailed summary of treatment for each of your patients.

Complete all assigned Intakes

Intake assessments are assigned on a rotating basis, but expect to be assigned one every 10-15 days. They include a Psychological (bio-psycho-social) assessment, trauma screen, a measure of reading (WRAT-3 Reading) and for some patients intellectual ability (WASI). You have 5 days from the date of admission to complete the Psychological Assessment and the Trauma screen, and this includes the date of admission (so, for example, if a pt. is admitted late on a Wednesday,

the assessment is due Sunday evening). These time lines are monitored by Utilization review and is not negotiable. The other measures are due within 30 days of admission. Your ward supervisor will be supervising these assessments. Please note that you can expect to be assigned Intakes until the last week of the Internship.

In addition, any pt. with a history of a sexual offense must be referred to the STOP (Sexual Offenders) Committee. It is your responsibility to do this if you are completing the assessment.

Complete at least six general, referral-based testing batteries

Interns must complete at least 6 general testing batteries throughout the year. This includes administration, scoring (we have several e-scoring programs both at MPC and Kirby), interpretation, write-ups and feedback to both the patient and to the patient's Team. All referrals for testing are sent to the Director of Psychology, so speak to him if you are looking to start testing a patient. Testing can include cognitive, neuropsychological, academic, and personality testing, and a comprehensive testing library is maintained on M4A for your use. All test reports must be co-signed by your supervisor and a copy must be placed in the patient's chart. All raw data, as well a copy of the report, must be given to the Director of Psychology.

Complete all assigned Sex Offender batteries

Sex Offender Risk Assessments are assigned on a rotating basis. All of these assessments are supervised by Dr. Jennifer Alpert. She is the only one who can co-sign the assessment. Again, a copy of the completed assessment must be placed in the chart, as well as given to the Director of Psychology together with the raw data. The number of these assessments are dependent on how many Sex Offender admissions we get per year, but typically you will complete 3-4 throughout the Internship year.

Complete all required paperwork, including, but not limited to, assigned Comprehensive Progress notes, Monthly Progress notes, Termination Summaries, Transfer Notes, etc.

All on-going Psychotherapy requires at least monthly progress notes. However, notes must be written any time there is relevant information that the patient's Treatment Team needs to know. In addition, electronic data sheets for all groups must be completed in a timely fashion. These progress notes are important because you will often be treating patients who are not on your assigned ward. These communications are the only reliable way to ensure that your pt's Treatment Team knows about progress. Within the first week, you will receive templates of all the required documents you will be using throughout the year. They are also available on the IslandWeb, and intra-net site, which you will have access to.

Termination notes/ summaries must be written on every pt whom you treat in individual or group psychotherapy.

Comprehensive Progress Notes are part of Primary Care responsibilities. These will be explained and assigned to you by the supervisor on your ward, but expect to follow and document primary care notes on approximately two patients throughout the year.

Involvement with all Evidence-based treatment electives

These modalities of treatment include: Sex Offender Treatment, Trauma Treatment, Cognitive Remediation, Dialectical Behavior Therapy, and Supervision of Externs. With the exception of Supervision of Externs, these all take place in a group format and meet either once or twice weekly. Each has a required weekly or bi-weekly supervision group.

Attend all required supervision

Weekly, individual supervision occurs with your 1) ward supervisor, 2) individual psychotherapy supervisor, 3) testing supervisor. Interns are required to attend and be prepared for all scheduled supervisory meetings.

In addition, there is either weekly or bi-weekly supervision for all evidenced-based treatment modalities.

Attend two weekly seminars

There are two Seminars which run throughout the Internship year. The first takes place on Monday mornings and is a Psychotherapy Seminar. Here you have the opportunity to present an on-going psychotherapy patient to your colleagues and to a senior supervisor/consultant.

The second Seminar takes place on Thursday afternoons. Three topics rotate throughout the Internship year: Psychoanalytic Theory with Dr. Leon Balter, Neuropsychological Testing with Dr. Susan McGurk, and Psychopharmacology with Dr. Michelle Kaplan. Each takes place once/month. The fourth Seminar of the month is of various topics, including issues of cultural and personal diversity in SMI patients, professional practice, ethical issues, etc.

There are also several seminars that run either part of the year (i.e. Intake Assessment) or as necessary (i.e.- Sex Offender Risk Assessment).

Monthly Clinical Discussion

On the 4th Tuesday of the month the entire Department meets for a clinical discussion of a pre-determined topic. Interns are expected to attend, as well as to present, throughout the year. The Department of Psychology also meets on the 2nd Tuesday of the month for an administrative meeting. Interns are not required to attend this meeting.

Attend weekly Case Conference

There is a Case Conference scheduled at MPC in the Learning Center on the 1st and 3rd Tuesdays of the month from 3:30-4:45 PM. Interns are required to attend this Conference, and also to present at this conference twice throughout the year (once presenting a historical overview of a patient and once presenting a testing of a patient). You will work on this together with your ward supervisor and another Intern).

Attend Intern AProcess@ Group

Dr. Jonathan Keigher, Director of Forensic and Legal Affairs, leads a weekly process groups for Interns to process their experiences while on Internship, gain support, etc. Typically, this meets on Tuesdays at 11:30 AM for one hour. Interns are required to attend this group *each* week, but you cannot miss more than five sessions throughout the year.

If anyone has any concerns with these requirements, please make sure to raise them to the DOT ASAP.